

**The 21 Club**  
**Social, Dinner and a Talk**  
**Tuesday, February 12, 2013**

The first meeting of the Spring Semester will begin with a wine and beer social at 6:00 PM in the UNM Student Union Building ([Sandia room](#) #3019). A plated dinner will follow at 7:00 PM in the adjacent [Scholars room](#) (#3018) with an after dinner talk by Bob Glew (abstract and map on [page 2](#)).

The plated dinner will consist of a tilapia filet served with pineapple mango salsa; a house salad, wild rice pilaf, a seasonal vegetable medley, dinner rolls and butter, carrot cake for dessert, iced tea, water and coffee. A portobello mushroom stuffed with poblano chile, shallots and garlic and topped with southwestern cheese is available [on request](#).



Go to <http://21club.unm.edu/organization/meeting.html> or mail your check (\$21 per reservation) to:

The 21 Club  
Physics and Astronomy MSC07 4220  
University of New Mexico  
Albuquerque, NM 87131-0001

Note: to guarantee your reservation(s) your online payment or your check (payable to “The 21 Club”) must be **received** on or before Monday, February 4, 2013.

# Stinky Fatty Acids

Robert Glew  
Emeritus Professor of Surgery  
UNM School of Medicine

Omega-3 fatty acids are essential nutrients in the human diet. They protect against cardiovascular disease, reduce inflammation, and promote the growth and development of the brain during the neonatal period and adolescence. Bob Glew has studied nutritional aspects of these long-chain polyunsaturated fatty acids in the nomadic Fulani of West Africa, the elderly in Tasmania, pregnant and lactating women in New Mexico and, most recently, the Tasmanian devil that is on the brink of extinction. The lecture will focus on the poor omega-3 fatty acid status of the three major ethnic groups in New Mexico and its public health implications.

